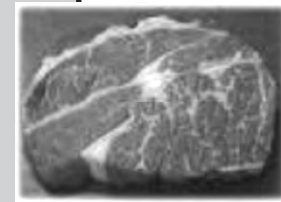


MEAT SAVINGS

Boneless, Cut from Canada Gr. A Beef

BLADE STEAK

KG 13²¹/LB. **5⁹⁹**



Boneless, Cut from Canada Gr. A Beef

BLADE ROAST

KG 12⁹⁹/LB. **5⁸⁹**



Maple Leaf Prime 750 gr

CHICKEN BURGERS

11⁹⁹

375 gr - 3 Varieties

MAPLE LEAF BACON

J.M.S. 250 gr

SLIM STICK PEPPERONI

J.M.S. 450 gr

SAUSAGE ROLLS

5⁹⁹
5¹⁹
6⁶⁹

Maple Leaf Regular
TOP DOGS

3⁹⁹



Boneless

PORK LOIN ROAST

KG 6⁸¹/LB. **3⁰⁹**

Boneless

PORK LOIN CHOPS

KG 7⁰³/LB. **3¹⁹**



Fresh

CHICKEN DRUMSTICKS

KG 5⁰⁵/LB. **2²⁹**

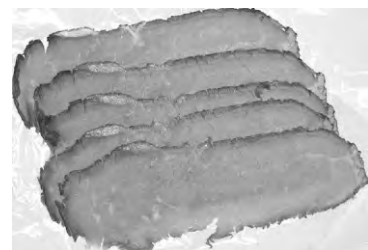


DELI FRESH

Smith's

MONTREAL SMOKED BEEF

KG 19¹⁶/LB. **8⁶⁹**



Lilydale Kentucky Style

CHICKEN BREAST

KG 19⁶⁰/LB. **8⁸⁹**



Burns Bung

BOLOGNA

KG 11⁶⁶/LB. **5²⁹**



Burns Regular

SMOKED HAM

KG 12¹⁰/LB. **5⁴⁹**

Smith's

BBQ LOAF

KG 10⁵⁶/LB. **4⁷⁹**



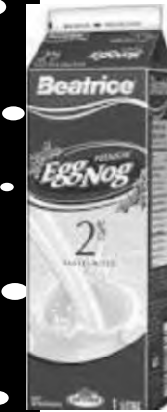
ATIKOKAN FOODLAND

Sale prices effective December 3 to 8, 2018
While Supplies Last

Thank You For Shopping At Atikokan Foodland!

We reserve the right to limit quantities. All items and prices may not be as shown.

A Holiday Feast



Beatrice 1 Litre
PREMIUM EGG NOG
1⁹⁹



Orange (All Varieties),
Pure Leaf Iced Tea or
Watermelon
1.65-1.75 Litres
TROPICANA JUICES
3⁹⁹

Lactantia 250 gr Brick

CREAM CHEESE
2 for 4⁰⁰



Compliments 398 ml
Crushed, Sliced,
Chunks or Tidbits

PINEAPPLE
2 for 2⁰⁰



Cream of Mushroom, Tomato,
Chicken Noodle or
Vegetable 284 ml Tins

CAMPBELLS SOUPS
5 for 4⁰⁰



Black Diamond
16-Pack 336 gr
Marble

CHEESE STRINGS
4⁹⁹



MIX & MATCH

Fun Pack or Variety Pack 210-275 gr,
Special K Original 435 gr, Fruit & Nut 320-360 gr,
Vanilla Protein 400 gr, Multi-Grain Low Fat Granola 553 gr,
Nourish Ass't 300 gr Bags or 396 gr Boxes,
Rice Krispies Regular, Holiday Edition, Brown Rice
or Vanilla 340-440 gr, Crispix 350 gr,
All Bran Flakes 450 gr or Multi-Grain Crunch 305 gr,
Mini Wheats Ass't 439-510 gr, Raisin Bran 425 gr,
Muslix Almond Raisin or Maple Raisin Nut 450 gr,
Just Right or Vector 400-475 gr



KELLOGGS CEREALS

2 for 7⁰⁰





Black Diamond Natural
280 gr Marble, Medium, Old,
Gouda or Monterey Jack
SLICED CHEESE 3⁹⁹

Oceans Whole 85 gr
SMOKED OYSTERS 2 for 3⁰⁰

Clover Leaf 106 gr
COCKTAIL SHRIMP 3⁹⁹

Old El Paso 312-510 gr Hard,
Soft, Hard & Soft, Stand-n-Stuff,
Fajita, Burrito or Soft Taco Bake
TACO KITS 3⁹⁹

FROZEN FOOD

Pillsbury Pepperoni 693 gr
PIZZA BITES 5⁹⁹

Kelloggs Eggo 280-310 gr
WAFFLES or PANCAKES 2⁹⁹
Cavendish Farms 750 gr Classic or Restaurante Style
FRENCH FRIES 2⁹⁹
Compliments Ass't Variety 500-700 gr
FROZEN VEGETABLES 2⁹⁹
Green Giant 454 gr Broccoli, Cauliflower or Broccoli & Cheese
VEGGIE TOTS 4⁹⁹
Green Giant Garlic & Herb or Cheddar & Bacon 567 gr
MASHED CAULIFLOWER 5⁹⁹
Lucerne Ass't 4 Litre Pails
ICE CREAM 6⁹⁹

Ass't Bistro Melts or Crustinis 170-256 gr,
Lean Cuisine Sweet & Sour Chicken, Cheese Ravioli,
Chicken Fettuccini or Thai Peanut Chicken
208-248 gr, Homestyle Meatloaf, Meat Lasagna
or Macaroni & Cheese 263-340 gr
STOUFFERS ENTREES 2⁹⁹

Soft Tub 1.28 kg or
Hard Quarters 3 Lbs./1.36 kg
PARKAY MARGARINE 3⁹⁹

Lancia Ass't 900 gr
PASTAS 3 for 5⁰⁰

Compliments 348 ml
Whole Berry or Jellied
CRANBERRY SAUCE 2 for 3⁰⁰

Old El Paso Thick & Chunky
or Picante 650 ml
Mild, Medium or Hot
SALSAS 3⁹⁹

Kraft Philadelphia 227-250 gr
Brick or Spreadable Tubs - Regular,
Light & Flavours
CREAM CHEESE 2 for 7⁰⁰

Catalini 640 ml
Garden Select
PASTA SAUCES 2 for 5⁰⁰

Minute Rice Regular 700 gr
or Basmati or Jasmine 500 gr
INSTANT RICE 3⁹⁹

Original, Dark Roast, Max Boost
or Decaf. 631-925 gr
MAXWELL HOUSE COFFEE 8⁹⁹

Original Roast or
Dark Roast 30-Packs
MAXWELL HOUSE K-CUPS 14⁹⁹

Quaker 130-156 gr
Ass't Dips or Chewys
GRANOLA BARS 2 for 4⁰⁰

Regular 1 Litre or
Upside-Down 750 ml
FRENCH'S KETCHUP 2⁹⁹

Cranberry or Grapefruit
1.77-1.89 Regular or 100%
or 6x295 ml Regular,
100% or Diet
OCEAN SPRAY COCKTAILS 2 for 7⁰⁰

Original, Dark Roast, Max Boost
or Decaf. 631-925 gr
MAXWELL HOUSE COFFEE 8⁹⁹

Original Roast or
Dark Roast 30-Packs
MAXWELL HOUSE K-CUPS 14⁹⁹

Quaker 130-156 gr
Ass't Dips or Chewys
GRANOLA BARS 2 for 4⁰⁰

Lactantia 1 Litre
HALF & HALF CREAM 2⁶⁹
Ass't 650 gr Tubs
ASTRO YOGOURT 2 for 5⁰⁰
Kraft Medium, Marble, Mozzarella or Old 460 gr
CRACKER BARREL CHEESE 5⁹⁹
Kraft Cracker | Barrel Ass't 250-320 gr
CHEESE SHREDS 6⁹⁹
Kraft 450 gr
VELVEETA CHEESE LOAF 6⁹⁹
McLarens Kent 375 ml (Manzanilla Olives)
OLIVES, GHERKINS or ONIONS 2⁹⁹
Regular, Oven-Ready, Healthy Harvest Whole Wheat or Gluten-Free 250-500 gr
CATELLI LASAGNA NOODLES 2⁹⁹
Express Canneloni or Manicotti 200-225 gr
CATELLI PASTAS 2⁹⁹
Catelli Garden Select 398 ml
PIZZA SAUCES 2 for 5⁰⁰
Hunts Manwich 398 ml
SLOPPY JOE SAUCE 2 for 3⁰⁰
Maple Leaf 454 gr
CANNED HAM 6⁹⁹
Gold Seal 85-100 gr White Albacore - Solid or Flaked
NO-DRAIN TUNA 2 for 5⁰⁰
740 ml Squeeze Bottle
V-H PLUM SAUCE 4⁹⁹
Compliments 1.36 Litres
TOMATO JUICE 1⁹⁹
Compliments Regular or With Marshmallows 500 gr
HOT CHOCOLATE 2⁹⁹
Harvest Granola, Oatmeal-to-Go, Yogourt or Dark Chocolate Cherry 175-200 gr
QUAKER SNACK BARS 2⁹⁹
Orville Redenbacher Butter, Light Buttery or Extra Butter 10-Packs
MICROWAVE POPCORN 6⁹⁹
Chicken or Beef 110 gr
MR. NOODLE SOUP BOWLS 2 for 3⁰⁰
Quaker Ass't 900 gr
COOKIE or MUFFIN MIXES 3⁹⁹
Kashi 370-400 gr Original, Crunch, Honey Almond FlaxCrunch
GO LEAN CEREALS 3⁹⁹
Whiskas Ass't Variety 60-85 gr
TEMPTATIONS CAT TREATS 2 for 3⁰⁰
Ass't Wet Pack Food Trays 100 gr
CESAR DOG FOOD 2 for 2⁰⁰
Friskies Ass't Variety 1.4-1.5 kg
DRY CAT FOOD 5⁹⁹
Beneful Ass't Variety 1.6-1.8 kg
DRY DOG FOOD 6⁹⁹
Royale Mega 9 Roll, Original or Velour Double 12 Roll
BATHROOM TISSUE 6⁹⁹
Fleecy 80s
FABRIC SOFTENER SHEETS 4⁹⁹
Compliments 100 ft. Roll
WAX PAPER 2⁶⁹

FRESH PRODUCE

10 Lb. Bag
RED POTATOES 5⁹⁹

RED or GREEN GRAPES 2⁴⁹
5 Lb. Box
CHINESE MANDARINS 5⁹⁹
Box

CELERY STALKS 1⁶⁹
3 Lb. Bag
MACINTOSH APPLES 3⁹⁹
Red/Green/Yellow 3-Pack
STOPLIGHT PEPPERS 4⁹⁹
10 lb. Bag
RUSSET POTATOES 4⁹⁹
Bag

Ass't 139-156 gr
PRINGLES CHIPS 2 for 4⁰⁰

Kraft Ass't 750 gr - 1 kg
PEANUT BUTTER 5⁹⁹

900 ml Tetra Chicken, Beef or
Vegetable- Regular, Less Sodium,
& No Salt Added Varieties
CAMPBELLS BROTHS 2 for 5⁰⁰

Campbells 284 ml Tins Cream of
Mushroom, Chicken, Broccoli or Celery
1/2 FAT SOUPS 3 for 5⁰⁰

SunMaid 750 gr
CALIFORNIA RAISINS 6⁹⁹

Compliments
Salted 450 gr
SODA CRACKERS 2 for 5⁰⁰

MIX & MATCH
Ass't 156 gr or 85 gr Tins
FRISKIES or FANCY FEAST CAT FOOD 4 for 3⁰⁰

Pedigree 680-737 gr Real Beef
Flavour or Bacon & Cheese
MARROBONE DOG TREATS 4⁹⁹

Pepsi or 7-Up - All Varieties of Regular & Diet,
Crush Flavours (Orange, Grape or Cherry),
Mug Root Beer, Dr. Pepper, Mountain Dew,
Schweppes Ginger Ale, Club Soda
or Tonic Water - 12 Packs
SOFT DRINKS 4⁹⁹

FOOD BANK FEATURES!

Compliments 156 gr
Ham, Turkey or Chicken
FLAKES OF MEAT 3 for 4⁰⁰

Hunts 680 ml
Thick & Rich
PASTA SAUCES 1⁹⁹

Microwavable Bowls 212 ml or
411-425 gr Tins Beef Ravioli,
Mini Bites, Beefaroi, Etc.
CHEF-BOYARDEE PASTAS 2 for 3⁰⁰

Ass't Variety of Pasta & Sauce or
Rice & Sauce or Asian Noodles
KNORR SIDEKICKS 3 for 5⁰⁰

MIX & MATCH
Perfect Portions 75 gr or Tray Pack 100 gr
WHISKAS CAT FOOD 4 for 3⁰⁰

IN THE BAKERY

Fresh from our Oven! Pkg. of 8, 280 gr
GARLIC PULL-APARTS 3²⁹

Fresh from our Oven! 16 oz. Loaf
CINNAMON BREAD 2⁶⁵
Fresh from our Oven! One Dozen, 250 gr
FINGER ROLLS 2 for 4⁰⁰
Fresh from our Oven! Pkg. of 4, 290 gr
APPLE MINI STRUDELS 2 for 5⁰⁰
Bakery Fresh! 475 gr
SPICED PUMPKIN TARTS 3⁹⁹
Bakery Fresh! Create-A-Treat 185 gr
DECORATE-A-COOKIE 2⁹⁹
Bakery Fresh! Charlottes 430 gr
BUTTER COOKIES 8⁹⁹
Bakery Fresh! 270 gr
MINI ANGEL FOOD CAKES 4⁹⁹
Bakery Fresh! 1.134 kg
NEW YORK STYLE CHEESECAKE 14⁹⁹

Bakery Fresh! Artisan 175 gr - Plain or Multi-Grain
WARM & SERVE CIABATTA DEMI BAGUETTES 2 for 3⁰⁰